

POST-OPERATIVE INSTRUCTIONS BREAST REDUCTION

Edward Eades, M.D.
520-323-6994

Follow-up Appointment

Call the office and make an appointment for:

- this / next Tuesday this / next Thursday

Incision Care

1. You may remove and re-wrap the outer "Ace" wrap of your dressing as necessary.
2. It is normal to notice some drainage onto your dressings.
3. You may bathe (shower, tub bath, sponge bath) as appropriate keeping the dressing clean and dry.
4. Take your medications as prescribed, call Dr. Eades if any of the medications cause problems.
5. You will be up and about the first day after surgery but you should get plenty of rest during the first several days.
6. Your dressing will be removed and the sutures taken out at your first follow-up visit.

Call Dr. Eades (520-323-6994) with questions or concerns, especially:

1. Sudden swelling and pain in either breast.
2. Signs of infection: increasing pain, redness and swelling.