

**POST-OPERATIVE INSTRUCTIONS  
ABDOMINOPLASTY**

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**Follow-up Appointment**

Call the office and make an appointment for:

- this / next Tuesday     this / next Thursday

**Incision Care**

1. Empty the drains as needed, use the included form to record drain output.
2. Take all medications as prescribed, call Dr. Eades if any of the medications cause problems.
3. No showers for now, take sponge baths instead. You may shower once the drains are removed, usually about 7 – 10 days after surgery.
4. It is normal to notice some drainage onto your dressings. Your dressings will be changed at your first follow-up visit.

**Call Dr. Eades (520-323-6994) with questions or concerns, especially:**

Signs of infection: increasing pain, redness and swelling.